



Oral Sugar Test with Karo Light Syrup

1. Withhold food for 4-8 h*.
2. Administer 0.45 ml/kg Karo Light corn syrup by mouth.
3. Collect blood (serum) for insulin analysis at 60 and, or 90 minutes.

*Starving overnight is not required. However, a significant volume of food in the stomach can affect the time taken for the syrup to reach the small intestine where it is absorbed. This can delay the time until the insulin peak, potentially until after sampling. Furthermore, it is recommended that high sugar feeds are avoided in the period immediately prior to sampling.

**Karo Light and Karo Lite are different products, it is important to use Karo Light for this test. Karo Light can be easily obtained from online retailers such as Amazon. It is usually easily administered by owners using a dosing syringe. If necessary it can be given with a small amount of low sugar feed.

Please contact us on 01626 355 655 if you have any questions.

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